

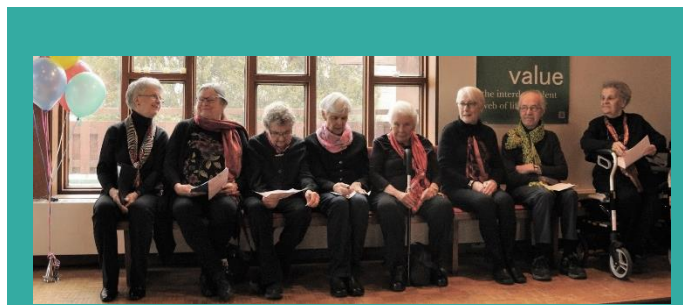
Unitarian House of Ottawa's 35th Anniversary!

On Thursday March 28th we celebrated 35 years of excellence at Unitarian House with special performances by the UH Skit Club, Choir, speeches by residents and special guests topped off with a three course dinner and champagne!

We would like to share some excerpts from the 35th Anniversary Celebration:

"This really is a blessed and graced place. On this day when we celebrate the thirty-fifth anniversary of the opening of "this house we call home", we remember with affection and much appreciation all those who have lived here, all those who have worked here, all those who were responsible for the construction and maintenance of the building, and all those who in any way have helped to make it truly a home. We thank them, every one. Unitarian House really is my home ... and I am very content!"

- Alex Campbell, Resident



Unitarian House of Ottawa 1984 – 2019

“When asked how come everyone at Unitarian House seems so young at heart the answer isn't hard to find. Life at Unitarian House makes us feel good. And I think I've discovered the secret of why we tend to live such long, happy lives here: We all smile - a lot. Smiling is wisdom and was featured in ancient medicine and meditation, with plenty of modern science to back it up as a way to a healthier life - along with laughing, singing, being in nature, and helping one another.”

– Jan Glyde, Resident



My community is this home of warm-hearted people... It is helping each other and receiving support; Conversation, entertainment, a caring touch, tending our gardens, playing Mah-jong, greeting a dog. It is hearing good music, eating Christina's cinnamon buns, striving together at exercise class, and laughing together at Happy Hour! It is sitting in the Summer sun in the Winter of our lives!

...It is love!” – Mo Gabe, Resident



“I moved into Unitarian House in September 2009. In October, I discovered that there was a drama club but it was inactive. Kay Walker, my informant, asked me if I would like to revive the group and lead it. We had our first meeting at the beginning of November and performed our first concert at Christmas of that year. The group agreed that a performance should be scheduled each year, in Spring and at Christmas. This schedule is still followed. The Skit Club as it is known is all about laughter and fun; stretching ourselves; doing something we have never done. Members get a real feeling of accomplishment and camaraderie.”

– Charlene Smith, Skit Club Director